RTO No. 5919 Version No. 120221



# Management of Asthma & Anaphylaxis

#### **COURSE OUTLINE**

## **Target Audience**

This program in the First Aid Management of Asthma and Anaphylaxis in the Workplace prepares individuals for the requirements to safely assist a person suffering an Asthma attack and/or Anaphylactic reaction, until the arrival of medical assistance. It includes the use of Asthma medications, spacer devices and an adrenaline auto injector such as Epipen<sup>®</sup>.

It is ideal for all parents and caregivers and provides fundamental knowledge and skills to anyone working with individuals that suffer from asthma and/or severe allergic reactions.

These units are approved by Australian Children's Education & Care Quality Authority (ACECQA).

Entry Requirements - Nil

## **Accredited Course Details**

22556VIC - Course in the management of asthma risks and emergencies in the workplace

22300VIC Course in the first aid management of anaphylaxis

# **Duration and Mode of Delivery**

2 hours (face to face) with pre-course study (3 hours); or

Modules tailored to your workplace.

#### **Cost Includes**

Texts, Workbooks, Statement of Attainment (electronic).

## **COURSE CONTENT**

- Asthma and its Causes
- Use of Asthma Medications and Spacers
- Anaphylaxis and its Causes
- Use of Adrenaline Auto Injector - Epipen<sup>®</sup>
- Risks and Recognition
- Risk Management
- Individual Management Plan
- Communication Plan
- Avoidance Strategies
- Report Writing
- Asthma / Anaphylaxis
   Emergency Management
- Scenario Based Assessments
- Post Incident Review



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